



RSE – Year 2

Lesson 1: Safe families

What is a
family and
what makes
families
special?



Who can I
talk to if
something
about my
family is
worrying me?

Who's in a Family?

Which family members might be in this happy family photo?



mum

step-dad

uncle

niece

baby

nephew

dad

child

sister

step-mum

son

brother

daughter

auntie

carer

Who's in a Family?

There are lots of different people that can be in a family.
One family might have different family members from another family.

Take turns in your group to tell each other who is in your family.

You can include the people you live with and other family members you visit.



Did anyone in your group describe a family that sounded a lot like yours?



Did you hear about different types of families as you listened to each other?

Different Families



Families can be large...
... and families can be small.

Different Families

Families live in all sorts of homes.



Different Families

There can be young family members...



...and older family members.



What Do Families Do?



play games

watch films

do jobs in
the house

grow plants

go on holiday

share toys

go shopping

learn new skills

Can you think of
some things
that lots of
families might
do together?
Click the dots to
reveal...



What Do Families Do?

Families have fun together and laugh together.



What Do Families Do?

Family members help each other and teach each other how to do things.



What Do Families Do?

Families cook and share meal times together.



What Do Families Do?

Families rest and relax together.



What Do Families Do?

Families make happy memories together.



What Do Families Do?

Family members look after each other.



What Do Families Do?

Families celebrate special occasions together.



Good Times and Bad Times

There are so many fun, happy things to do and share with our families.

Sometimes though, families go through tough times together. It's important to look after each other when something difficult or sad happens.

Sometimes, we need to talk to someone who isn't in our family and ask for help when something about our families is upsetting or worrying us.



Let's meet some children who are going through some difficult times. You can talk to your talk partner about what you think they should do.

Good Times and Bad Times

Mourib is worried about his mum. She has been poorly for quite a long time and has had lots of appointments at the hospital recently.

She isn't able to do many jobs at home now and there is no other grown-up living with him, his mum and his sister. Nan sometimes comes round to help when she's not working.



Who could Mourib talk to about his concerns?

Good Times and Bad Times

Florence is finding it really stressful at home. She almost dreads the end of the school day.

At home, Florence's parents are arguing a lot. They get very angry, shout at each other and slam doors. Florence hides in her room most of the time. Sometimes she gets shouted at too.

Is there anyone Florence could talk to about how difficult things are at home?



Good Times and Bad Times

Julien's mum has a new boyfriend and she seems really happy.

Julien isn't so keen on his mum's new boyfriend. When his mum isn't around, Rob (the boyfriend) is quite rough with Julien. He says it's play fighting and that Julien needs to toughen up. Rob pushes, shoves and wrestles Julien. Sometimes he pins him down or twists Julien's arm up behind his back which hurts.

If Julien feels he can't speak to his mum about Rob, who could he talk to?



Good Times and Bad Times

It's important to know that there is always someone to talk to outside of your family if you have any worries or concerns about your family.

Adults at school are good people to talk to and can help if anything about your family is making you unhappy or worried.



Same or Different?

Read the questions on the cards with your talk partner and if your answer is the same then put them in one pile. If your answer is different, put the card in another pile.

Let's see how many similarities and differences there are.

How many sisters do you have?



Where have you been on holiday with your family?



How many grandparents do you have?



How many brothers do you have?



How many uncles do you have?



How many pets do you have?



How many adults do you live with?



How many aunts do you have?



Which religious occasions does your family celebrate?



Spot the Difference

Isn't it wonderful that there are so many differences between families?

It would be very boring if we were all the same!
It's great to learn about other people and their families.

Let's play

Spot the Difference!

Can you find some differences between the families on the next slides?





