



Dosthill Primary School  
I am working towards Building Block **AK** in Personal, Social & Emotional  
Development

**Making Relationships**

1	Plays alongside others.	
2	uses a familiar adult as a secure base from which to explore independently in new environments, e.g. ventures away to play and interact with others, but returns for a cuddle or reassurance if becomes anxious.	
3	Plays cooperatively with a familiar adult, e.g. rolling a ball back and forth.	

**Self-Confidence and Self-Awareness**

1	Explores new toys and environments, but 'checks in' regularly with familiar adult as and when needed.	
2.	Gradually able to engage in pretend play with toys (supports child to understand their own thinking may be different from others).	
3.	Demonstrates sense of self as an individual, e.g. wants to do things independently, says "No" to adult.	

**Managing Feelings and Behaviour**

1.	Is aware of others' feelings, for example, looks concerned if hears crying or looks excited if hears a familiar happy voice.	
2.	Growing sense of will and determination may result in feelings of anger and frustration which are difficult to handle, e.g. may have tantrums.	
3.	Responds to a few appropriate boundaries, with encouragement and support.	
4.	Begins to learn that some things are theirs, some things are shared, and some things belong to other people.	



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**Making Relationships**

1.	I am interested in others' play and I am starting to join in.	
2.	I can seek out others to share experiences.	
3.	I can show affection and concern for people who are special to me.	
4.	I am beginning to form a special friendship with another child.	

**Self-Confidence and Self-Awareness**

1.	I can separate from my main carer with support and encouragement from a familiar adult.	
2.	I can express my own preferences and interests.	

**Managing Feelings and Behaviour**

1.	I can seek comfort from familiar adults when needed.	
2.	I can express my own feelings such as sad, happy, cross, scared, worried.	
3.	I can respond to the feelings and wishes of others.	
4.	I am aware that some actions can hurt or harm others.	
5.	I try to help or give comfort when others are distressed.	
6.	I can show an understanding and can cooperate with some boundaries and routines.	
7.	I can inhibit my own actions/behaviours, e.g. stop myself from doing something I shouldn't do.	
8.	I have a growing ability to distract myself when I am upset, e.g. by engaging in a new play activity.	



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<b>Making Relationships</b>		
1	I can play in a group, extending and elaborating play ideas, e.g. building up a role-play activity with other children.	
2	I can initiate play, offering cues to my peers to join me.	
3	I can keep my play going by responding to what others are saying or doing.	
4	I can demonstrate friendly behaviour, initiate conversations and form good relationships with peers and familiar adults.	
<b>Self-Confidence and Self-Awareness</b>		
1	I can select and use activities and resources with help. Shows confidence in asking adults for help.	
2.	I welcome and value praise for what I have done.	
3.	I enjoy responsibility of carrying out small tasks.	
4.	I am more outgoing towards unfamiliar people and more confident in new social situations.	
5.	I can confidently to talk to other children when playing, and will talk freely about own home and community.	
<b>Managing Feelings and Behaviour</b>		
1.	I am aware of my own feelings, and I know that some actions and words can hurt others' feelings.	
2.	I am beginning to accept the needs of others and can take turns and share resources, sometimes with support from others.	
3.	Can usually tolerate delay when needs are not immediately met, and understands wishes may not always be met.	
4.	Can usually adapt behaviour to different events, social situations and changes in routine.	



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Making Relationships		
1.	I can initiate conversations and attend to and takes account of what others say.	
2.	I can explain my own knowledge and understanding and I can ask appropriate questions of others	
3.	I can take step to resolve conflicts with other children, e.g. finding a compromise.	
Self-Confidence and Self-Awareness		
1.	I can confidently speak to others about own needs, wants, interests and opinions.	
2.	I can describe myself in positive terms and talk about my abilities	
Managing Feelings and Behaviour		
1.	I understand that my actions affect other people, for example, I might become upset or try to comfort another child when I realise I have upset them.	
2.	I am aware of the boundaries set, and of how to behave in the setting.	
3.	I am beginning to be able to negotiate and solve problems without aggression, e.g. when someone has taken my toy.	



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<b>Making Relationships</b>		
1.	I can play co-operatively and take turns with others.	
2.	I can take account of another's ideas about how to organise my learning	
3.	I can show sensitivity to others' needs and feelings, and form positive relationships with adults and other children	
<b>Self-Confidence and Self-Awareness</b>		
1.	I am confident to try new learning opportunities, and say why I like some more than others.	
2.	I am confident to speak in a familiar group, will talk about my ideas, and will choose the resources I need for my chosen learning	
3.	I can say when I do or do not need help.	
<b>Managing Feelings and Behaviour</b>		
1.	I can talk about how I and others show their feelings.	
2.	I can talk about my own and others' behaviour, and its consequences, and know that some behaviour is unacceptable.	
3.	I can work as part of a group or class, and understand and follow the rules.	
4.	I can adjust my behaviour to different situations, and take changes of routine in my stride.	



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Making Relationships

1.	I can play group games with rules.	
2.	I understand someone else's point of view can be different from mine	
3.	I can resolve minor disagreements through listening to others to come up with a fair solution.	
4.	I understand what bullying is and that this is unacceptable behaviour.	

Self-Confidence and Self-Awareness

1.	I am confident to speak to a class group.	
2.	I can talk about the things I enjoy, and am good at.	
3.	I can talk about the things that I don't find easy.	
4.	I am resourceful in finding support when I need help or information.	
5.	They can talk about the plans they have made to carry out activities and what they might change if they were to repeat them.	

Managing Feelings and Behaviour

1.	I know some ways to manage my feelings and are beginning to use these to maintain control.	
2.	I can listen to other's suggestions and plan how to achieve an outcome without adult help.	
3.	I know when and how to stand up for myself appropriately.	
4.	I can stop and think before acting and can wait for things I want.	