

RSE – Year 2

Lesson 1: Safe families

What is a family and what makes families special?





Who can I talk to if something about my family is worrying me?

Who's in a Family?

Which family members might be in this happy family photo?

mum

uncle

baby

dad



nepi

child

sister

step-mum

daughter

son

auntie

rother

carer

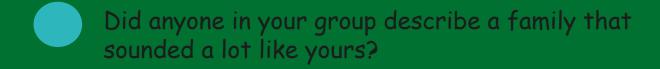
Who's in a Family?

There are lots of different people that can be in a family.

One family might have different family members from another family.

Take turns in your group to tell each other who is in your family.

You can include the people you live with and other family members you visit.



Did you hear about different types of families as you listened to each other?

Different Families

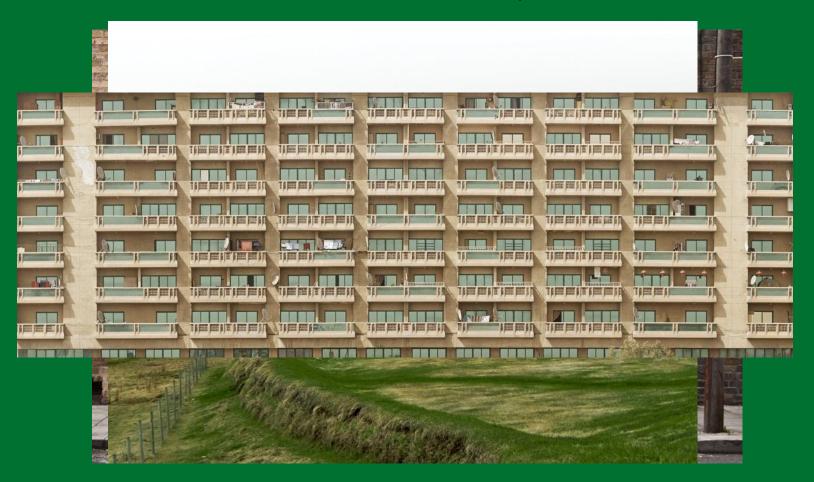


Families can be large...

... and families can be small.

Different Families

Families live in all sorts of homes.



Different Families

There can be young family members...



...and older family members.





watch films

play games



do jobs in the house

learn new skills



Can you think of some things that lots of families might do together? Click the dots to reveal...

grow plants



go shopping



share toys





Families have fun together and laugh together.



Family members help each other and teach each other how to do things.



Families cook and share meal times together.



Families rest and relax together.



Families make happy memories together.



Family members look after each other.



Families celebrate special occasions together.



There are so many fun, happy things to do and share with our families.

Sometimes though, families go through tough times together. It's important to look after each other when something difficult or sad happens.

Sometimes, we need to talk to someone who isn't in our family and ask for help when something about our families is upsetting or worrying us.



Let's meet some children who are going through some difficult times. You can talk to your talk partner about what you think they should do.

Mourib is worried about his mum. She has been poorly for quite a long time and has had lots of appointments at the hospital recently.

She isn't able to do many jobs at home now and there is no other grown-up living with him, his mum and his sister. Nan sometimes comes round to help when she's not working.

Who could Mourib talk to about his concerns



Florence is finding it really stressful at home. She almost dreads the end of the school day.

At home, Florence's parents are arguing a lot. They get very angry, shout at each other and slam doors. Florence hides in her room most of the time. Sometimes she gets shouted at too.

Is there anyone Florence could talk to about how difficult things are at home



Julien's mum has a new boyfriend and she seems really happy.

Julien isn't so keen on his mum's new boyfriend. When his mum isn't around, Rob (the boyfriend) is quite rough with Julien. He says it's play fighting and that Julien needs to toughen up. Rob pushes, shoves and wrestles Julien. Sometimes he pins him down or twists Julien's arm up behind his back which hurts.

If Julien feels he can't speak to his mum about Rob, who could he talk to?



It's important to know that there is always someone to talk to outside of your family if you have any worries or concerns about your family.

Adults at school are good people to talk to and can help if anything about your family is making you unhappy or worried.



Same or Different?

Read the questions on the cards with your talk partner and if your answer is the same then put them in one pile. If your answer is different, put the card in another pile.

Let's see how many similarities and differences there are.

How many sisters do you have?



Where have you been on holiday with your family?



How many grandparents do you have?



How many brothers do you have?



How many uncles do you have?



ow many pets do you have?



How many adults do you live with?



How many aunties do you have?



Which religious casions does your amily celebrate?



Spot the Difference

Isn't it wonderful that there are so many differences between families?

It would be very boring if we were all the same! It's great to learn about other people and their families.

Let's play

Spot the Difference!

Can you find some differences between the families on the next slides?









