

Dosthill Primary Academy

SEND Newsletter

Issue -7 March 2025



Dear Parents and carers,

Welcome to our monthly SEND newsletter for March.

I would like to take this opportunity to thank you all for your contributions and support with ILP reviews. As April is Autism Acceptance month I have shared some resources and links that may be useful.

As always, if you have any suggestions on aspects of SEND that you would like me to focus on, I am more than happy to consider these.

Please do email me or speak to the office if you would like to arrange to meet or for me to contact you. senco@dosthill.org.

Mrs Katie Smith
SENCO

The Social Communication and Autism Team are really excited to share a range of resources to help celebrate World Autism Acceptance Month. This year marks the 17th annual World Autism Awareness Day.

National Autistic Society Resources

- Five ways you can get involved [NAS_Info-for-parents_WAAM25.pdf](#)
- Fundraise this World Autism Acceptance Month [World Autism Acceptance Month 2025](#)
- Spectrum Live [Spectrum Live](#)
- Stories from the spectrum [Stories from the spectrum](#)
- The Spectrum magazine [The Spectrum magazine](#)
- Exams – a guide for parents [Parents and carers](#)

Video clips to help parents and young people understand Autism

Making sense of your Autism Diagnosis (Secondary age appropriate) [Making sense of your autism diagnosis - Patrick – YouTube](#)

Young People Explain Autism [Young people explain autism | Ambitious about Autism – YouTube](#)

Inside our Autistic Minds BBC Two - [Inside Our Autistic Minds](#)

We're Amazing, 1, 2, 3! https://www.youtube.com/watch?v=fl-Sk7_ykzU

Pablo, Talking to your child about autism <https://www.bbc.co.uk/cbeebies/joinin/pablo-talking-to-your-child-about-autism>

Amazing Things happen by Alexander Amelines <https://www.youtube.com/watch?v=RbwRrVw-CRo>

Amazing Kids, Amazing Things Project <https://www.youtube.com/watch?v=VAogdfYPstU>

BBC My Autism and Me <https://www.youtube.com/watch?v=ejpWWP1HNGQ>

Famous Autistic People

Lot's of Autistic people are successful. Below is a list of famous people who are autistic along with what they are famous for. You could ask your child, or family members to research these celebrities and help them to understand that everyone on the spectrum is different.

Sam Thompson (TV Star)	Jessica - Jane Applegate (British Paralympic swimmer)	Albert Einstein (Physicist)	Tim Burton (Film director, writer and artist)
Greta Thunberg (Environmentalist)	Sir Anthony Hopkins (Actor)	Melanie Sykes (TV and radio presenter)	Anne Heggerty (Quizzer on The chase)

Family Hubs

Family hubs bring together different services for families, to make it easier to get the help you and your family need.

They provide a single place to go for face-to-face support and information from a variety of services.

A family hub is not just a building – it is a network of different physical spaces across Staffordshire, as well as online services.

Family hubs make it easier for you to get the support you need, with trained staff on site who work together to help you overcome difficulties you might be facing.

Family hubs offer, or can help you access services including:

- physical and mental health
- housing and debt advice
- youth services
- domestic abuse support
- parenting classes
- midwifery
- health visiting
- infant feeding advice
- perinatal mental health support

You can get support from a family hub if you're:

- a parent or carer of a child aged 0 to 19, or 25 with special educational needs or a disability
- pregnant
- a young person up to the age of 19, or up to 25 for a young person with special educational needs or a disability.

[Family Hubs - Staffordshire County Council](#)



Action for Children Staffordshire Emotional Health and wellbeing service



Annual report is now published:

[AFC_Staffordshire+EHWS+Annual+Report+2023-4_v5](#)

We know that starting back to school can be an anxious time for some of our young people. So, we have included a set of printable, mindful cards that highlight different skills to focus on during times of anxiety. (Printable sheets can be found pages 20 & 21)



Simply, scan the QR codes and it takes you to our online videos that back up these skills.



Or scan the QR code above for videos

Action for Children has launched a new 'Emotional Regulation Group'

Emotional regulation is the process of recognising and controlling feelings or our reactions to feelings. This is not a skill we are born with; it is something that we start developing through our parents. Younger children will need your support to learn to regulate their emotions.

If your child struggles with managing their emotions, it can be helpful to learn strategies to help them with this. These are skills that need to be modelled and practiced. You as parents are in the best position to help your child with emotional regulation as you are often there when difficulties arise.

Parent/Carer Cause for Concern

Please email to senco@dosthill.org to return to Mrs Smith, SENCO.

This is the link to an MS Forms version: <https://forms.office.com/e/F4SnWgsGxC?origin=IprLink>

Child's Name: **D.O.B:** **Class:**
.....

Child's strengths and achievements:

Concerns at home:

Concerns at school:

Parent/Carer information:

A description of all available information about your child.

Areas of concern:

- | | | |
|------------------------------------|------------------------------------|--|
| <input type="checkbox"/> Visual | <input type="checkbox"/> Auditory | <input type="checkbox"/> Communication/Speech |
| <input type="checkbox"/> Emotional | <input type="checkbox"/> Behaviour | <input type="checkbox"/> Attendance |
| <input type="checkbox"/> Physical | <input type="checkbox"/> Medical | <input type="checkbox"/> Punctuality |
| <input type="checkbox"/> Social | <input type="checkbox"/> Eating | <input type="checkbox"/> Other (Please state): |

Signed: **Date:**
.....