

Recommended* Parental Control Apps/Software

Screen Time

Android, iOS, Amazon



Set time limits for your children's devices from your phone or any browser. Set bedtime and school time restrictions for specific apps. Use your phone or tablet to pause your child's device or give Bonus time. Create fun check lists of things you would like children to do or learn and motivate them with rewards. Plus more.

Basic Version

free

Premium subscription

£2.99 per month

<https://screentimelabs.com/>

Kidslox

Android, iOS, Amazon



Block inappropriate apps from the device when your child is using it. Set regular device schedules to automatically block or unblock your child's device at the required time. Lock your child's device remotely with the flick of a switch. See how your child is using their device with Kidslox session statistics. Set up custom restriction profiles so that allow your child to access only the apps and phone functions you want.

free 14 day trial

\$2.99 per month or \$29.99 per year

<https://kidslox.com/en/>

Our Pact

iOS, Android (through web app)



Set limits on how much time your children are spending on their mobile devices. Create schedules, block all Internet and app use at a moment's notice or reward them with the allowance feature. Balance the risks and rewards of iOS and Android technology for your family.

Basic Version

free

Premium Version

\$1.99 per month

<http://ourpact.com/>

Mobicip

multi platform



Create a safe experience for your family on all types of devices and computers. Enable age-appropriate settings and time limits. Monitor Internet use and app installs. Stay in touch via web, email and app notifications. Enable healthy conversation.

Basic version

free

Premium version

\$39.99 per year

<http://www.mobicip.com/>

*These Apps have been recommended by parents attending E Safety sessions delivered by Harrap Education.

Useful links for parents

Advice and Resources

Think U Know	www.thinkuknow.co.uk/parents/
Childnet International	www.childnet.com/resources/know-it-all-for-parents
BBC	http://www.bbc.co.uk/guides/zs83tyc
Kidsmart	www.kidsmart.org.uk/parents
Safer Internet Centre	www.saferinternet.org.uk/parents-and-carers
NSPCC	http://www.nspcc.org.uk
E-Safety	www.whoishostingthis.com/resources/e-safety/
Get Safe Online	www.getsafeonline.org

Reporting

CEOP	www.ceop.police.uk/
Report Illegal Content	www.iwf.org.uk

Parental Control

iPad / iPhone	support.apple.com/en-gb/HT201304
BT	home.bt.com
Sky Broadband Shield	www.sky.com/broadband-shield
Talk Talk	http://parentalcontrols-on.org/TalkTalk
Virgin Media	my.virginmedia.com/protect-family/safetynet
Windows Safe Set Up	account.microsoft.com/family/about
Vodafone	www.vodafone.com/content/parents.html/

Social Media

Instagram	help.instagram.com/154475974694511/
Snap Chat	https://www.snapchat.com/safety
YouTube	www.youtube.com/watch?v=u00yKwGFpS0
Twitter	https://about.twitter.com/safety/families
Facebook	www.facebook.com/safety
ooVoo	https://oovoo.zendesk.com/hc/en-us/articles/231752727-How-can-I-manage-my-child-s-ooVoo-account-
Skype	https://support.skype.com/en/faq/FA10548/what-security-measures-do-you-have-in-place-to-help-protect-children-on-skype

Videos

CEOP You Tube Channel	https://www.youtube.com/user/ceop/videos
CEOP Videos for Parents	https://www.youtube.com/playlist?list=PLB669A15C370C446C
CEOP Videos for Children	
Y 1/2 Lee & Kim	https://www.youtube.com/watch?v=5yVE0XszE3A
Yr 3/4 Kara & Winston	https://www.youtube.com/watch?v=6RdEVRpTMR4
Yr 5/6 Jigsaw	https://www.youtube.com/watch?v=o8auwnJtqE&t=11s
NSPCC Share Aware	https://www.youtube.com/playlist?list=PLqA6Q-vvA4sPt8sxRI9llu0Y6KRymzcmC